



North High Mustangs Girls Swim and Dive School Records

Official AIA Events

200 Medley Relay	Janelle Spink, Ali Overgaard Cortney Heaps, Jamie Ferguson	2:01.06	2003
200 Freestyle	Cortney Heaps	2:01.32	2003
200 IM	Cortney Heaps	2:18.97	2003
50 Freestyle	Cortney Heaps	26.01	2003
100 Butterfly	Cortney Heaps	1:02.96	2002
100 Freestyle	Cortney Heaps	56.26	2002
500 Freestyle	Meghan Sneed	5:21.08	1998
200 Freestyle Relay	Ali Overgaard, Alyssa Umeda Jamie Ferguson, Cortney Heaps	1:49.27	2003
100 Backstroke	Lisa Korljan Janelle Spink	1:12.56e 1:04.91h	2000 2002
100 Breaststroke	Meghan Sneed	1:12.07	1997
400 Freestyle Relay	Jamie Ferguson, Janelle Spink Ali Overgaard, Cortney Heaps	3:54.05	2003

Other Events

100 IM	Lisa Korljan	1:12.89e 1:12.44h	2000
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Special Relays

200 Butterfly Relay	Lisa Korljan, Sarah Scott Vanessa King, Meghan Sneed	2:09.62	2000
200 Backstroke Relay	Aida Paez, Denise Machado	3:13.91	2000

All distances in yards, unless otherwise noted. An 'e' after any time indicates an electronic time. An 'h' after any time indicates a hand-held time. All other times are assumed to be electronic.

	Kristen Malick, Wendoly Abrego		
200 Breaststroke Relay	Kristen Roof, Erica Grant Lena Ryan, Meghan Sneed	2:38.53	1997
Freestyle Crecendo (25/50/75/100)	Laura Clemmens, Sarah Whitley Sarah Scott, Meghan Sneed	2:35.93	2000
Freestyle Crecendo (50/100/150/200)	Lisa Korljan, Sarah Whitley Sarah Scott, Meghan Sneed	5:33.03	2000
100 Wet T-Shirt Freestyle Relay	Alesha Weed, Sarah Whitley Lisa Korljan, Vanessa King	1:29.77	2000
Meters Relays			
200 Butterfly Relay (meters)	Sierra Bergstrom, Shelby Hanke Becky Burton, Jamie Ferguson	2:29.46	2002
200 Backstroke Relay (meters)	Aida Paez, Jennifer McKay Kristen Malick, Denise Malchado	3:21.12	2001
200 Breaststroke Relay (meters)	Suzanne Forier, Rebecca Blasdell Hannah Leclair, Karen Malick	3:13.09	2002
200 Medley Relay (meters)	Kristen Malick, Hannah Leclair Becky Burton, Lacy Oxford	2:37.34	2002
400 IM Relay (meters)	Ali Overgaard, Karen Malick Janelle Spink, Cortney Heaps	5:24.81	2002
100 Watermelon Relay (meters)	Sarah Whitley, Sarah Scott Lisa Korljan, Laura Clemmens	1:59.75	2001
100 Ten Penny Pick Up (meters)	Sarah Whitley, Laura Clemmens Alesha Weed, Lisa Korljan	3:33.00	1999
200 Freshman Relay (meters)	Jamie Ferguson, Ali Overgaard Ellen Lagerman, Cortney Heaps	2:09.40	2002
Freestyle Decrecendo (100/75/50/25) (meters)	Laura Clemmens, Alesha Weed Alyssa Umeda, Jennifer McKay	3:03.49	2001

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